

# Annual CWA/Potomac-Patuxent Chapter of Trout Unlimited Fly-Fishing Clinic

10 am to 4 pm on Saturday, 11 March

National Wildlife Visitor Center/Patuxent Research Refuge  
10901 Scarlet Tanager Loop, Laurel, MD 20708



This will be our fifth annual fly fishing clinic co-hosted by Potomac-Patuxent Chapter of Trout Unlimited and CWA. The day will include classroom and outdoor sessions. Instructors from CWA and PPTU will teach introduction to fly fishing equipment, basic casting techniques, knot tying, and study of bugs fish eat. Two sessions of casting practice and an option for learning to tie some trout flies will be included in activities. Light snacks and beverages will be available. Contact: Vanessa Avanzini, [vavanzini@gmail.com](mailto:vavanzini@gmail.com) or sign up on the CWA website at <https://chesapeakewomenanglers.org/event/cwa-pptu-fly-fishing-clinic/>.

**Please RSVP by 7 March if you wish to attend.**

Chesapeake Women Anglers – Trout Unlimited Potomac-Patuxent Chapter  
Fly Fishing Clinic  
National Wildlife Visitors Center  
Patuxent Research Refuge, Laurel, Maryland  
11 March 2023

10:00-10:45 – Overview of Fly Fishing and Fly Fishing Equipment

Purpose: To explain how fly fishing differs from other kinds of fishing. To provide participants with an introduction to fly fishing equipment (fly rod, fly reel, line, waders, boots, and miscellaneous gear) and how different types of equipment are tailored to different types of fly fishing (trout, bass, salmon, salt water).

10:45-11:00 – Break

11:00-11:45 – Casting Session I on grass

Purpose: To introduce participants to the basic techniques of fly fishing, including casting mechanics, pick-up-and lay-down cast, and false casting. Participants will be practicing various casts under supervision of CWA and PPTU casting instructors.

11:45 - 12:30 – Knot Tying

Purpose: Participants will learn the most common knots used in fly fishing, why they are important, and how to tie these knots.

12:30 - 1:00 - Lunch

1:00 – 2:00 - Casting Session II

Purpose: To continue practicing basic fly casting skills. Participants will learn about shooting the fly line, roll casting, and presenting the fly to feeding fish, as well as retrieving the fly, and how to hook and land a fish with a fly rod.

2:00-2:45 – Entomology and Fly Selection

Purpose: To explain the different types of aquatic insects, terrestrials, and bait fish that fly fishers seek to imitate with artificial flies. Selecting the correct fly to match what fish would naturally be eating under specific environmental conditions is critical to successful fly fishing.

2:45 – 3:00 - Break

3:00 – 4:00 – Fly Tying

Purpose: To introduce participants to the art of fly tying. PPTU and CWA instructors will explain about fly tying materials and demonstrate some basic fly tying techniques. Some fly tying equipment will be available for participants to practice tying flies.

Notes: Workshop sessions will involve both classroom and outdoor instruction, dependent on the weather. Casting sessions I and II will be conducted on the grass near the Visitors Center. Loaner rods, reels, lines and flies will be available for the day to participants who need them. Maryland non-tidal fishing license is required for fishing on the lake. Water, sodas and light snacks, will be provided. Bring a bag lunch as food will not be provided.