

Polish Woven Nymph Fly*

Tied by Pati Nicholson



Overview

This fly has been productive when high sticking/Euro-nymphing and as the second fly on a dropper rig in local trout streams and spring creeks.

Materials

Hook: Size 6-18 curved scud hook

Bead: To match hook size

Ultra Wire: 2 contrasting colors. Size to hook.

Thread: 6/0 color to match

Underbody: Pearl tinsel

Thorax: Dubbing

*Todd White tied the Polish Woven Nymph at the GLCFFF fly tying expo in Mason, MI, Dec. 6th, 2008. Todd delivered on a very unique way of weaving wire together to get a two-tone nymph body. If you have any questions or need materials contact the shop at www.nomad anglers.com. To see Todd's video on YouTube.com, search "Polish Woven Nymph." Demo provided at the PPCTU "Tying Bench" at February 2011 chapter meeting by Pati Nicholson, panicholson@gmail.com

Tying Steps

- 1 – Lay down a thread wrap from behind the hook eye to mid portion of the hook curve and back to starting point.
- 2 – Tie in two contrasting color strands of Ultra Wire starting behind the bead head. Lay the strands side-by-side and tie to the mid portion of the hook bend – wind thread forward to the back of the bead.
- 3 – Tie in the underbody material of Mylar tinsel to at least the mid shank. Wrap tinsel to form a tapered body shape thicker toward the bead head. Tie off tinsel behind the bead head. Whip finish and cut thread at the tie-off point.
- 4 – Rotate vise until the hook is above the shank (upside down position to keep the hook out of the way while weaving the Ultra wire). Separate and pull the strands of Ultra wire to opposite sides of the body.
- 5 – *Weaving the Body: refer to Todd's video referenced at left.* Pass the "belly" colored wire over the hook shank -from your left to your right-wrap the "back" colored wire forward over the belly colored wire, around it, under the hook shank and to your left.
- 6 – Now, reverse the wrap to return the belly wire from right to left over the hook shank. Wrap the back wire toward you over the belly wire and under the hook to the right.
- 7 – Continue to weave the body, always keeping the belly colored wire on top of the hook shank and the back color under the hook shank.
- 8 – End weave with both wires pulled to the belly side. Turn vise back to starting position. Pull the wires forward, reattach thread and tie off wire. Trim wire and flatten wire ends toward the body, then add several thread wraps to secure wire. End with half hitch.
- 9 – Add dubbing of choice (UV dubbing used here) as thorax. Whip finish and enjoy!